



Rehabilitation Centre  
Pomezia

PREVENTION, DIAGNOSIS,  
AND TREATMENT OF PHYSICAL,  
PSYCHOLOGICAL, AND SENSORY  
DISABILITIES IN CHILDREN AND ADULTS





### The Alteya Rehabilitation Centre

Established in April 2024, the **Alteya Rehabilitation Centre** is a premier social and healthcare facility operated by the **Alteya Cooperative** in the Castelli Romani area. The Centre enhances the cooperative's existing network, which includes the *Cittadina del Sociale in Galloro*, Ariccia, the *Casa Rifugio Dechomai* – a refuge for women and minors who are victims of violence –, the *Albano Polyclinic*, and various other care services provided within the Roma 6 Local Healthcare Authority district. These services cater to minors, adults, disabled individuals, and those with psycho-social issues.



### Who We Serve

Supported by a **multidisciplinary team** that includes Child Neuropsychiatrists, Physiatriests, Neurologists, and specialized Psychologists, alongside rehabilitation professionals such as physiotherapists, occupational therapists, speech therapists, and developmental neuro-psychomotor therapists, the **Centre offers comprehensive rehabilitation services** which cannot be provided by outpatient specialist care facilities. These services are designed for **individuals of all ages** with complex physical, psychological, sensory, or combined disabilities, often presenting multiple challenges, including possible permanent outcomes.

## Child Rehabilitation

We place special emphasis on the **prevention, diagnosis, and treatment of physical, psychological, and sensory disabilities in children and youngsters aged 0-18**. Our rehabilitative treatments cover a wide range of childhood neuropsychiatric conditions, including cerebral palsy, autism spectrum disorders, intellectual disabilities, neurodevelopmental disorders, and sensory impairments such as hearing or vision loss.



## Rehabilitative Treatments for Adults

Our Centre is also dedicated to the **treatment of adult patients** with neurological, circulatory and musculoskeletal conditions. This includes care for cerebrovascular diseases and recovery from traumatic or post-surgical musculoskeletal conditions.

## Our Objectives

Our mission is to **facilitate patient recovery** by preserving residual abilities, nurturing potential, and enhancing the quality of life. We strive to empower our patients towards greater autonomy, involving family members in this journey whenever possible.





### **Outpatient and Home Care Services**

We offer non-residential services, organised into **Outpatient** and **Home Care** sectors. The Home Care services are available for those unable to access our outpatient facilities due to specific clinical conditions or mobility issues.

**Access** to the Altea Rehabilitation Centre is based on referrals from a Specialist Doctor within the Local Healthcare Authority or the user's local Health District (TSMREE/CAD).



### **Our Facility**

The Rehabilitation Centre boasts a **gym** dedicated to physical rehabilitation alongside **multiple clinics** where we implement recovery programmes focusing on psychomotricity, speech therapy, and a range of recreational/motor and expressive activities, as defined by the medical care team. Located on the spacious and light-filled second floor of a building in a commercial area, our facility is **easily accessible by public transport** and offers **ample public parking** in the immediate vicinity.

## **Specialised Child Neuropsychiatric Care**

- ▶ Infantile cerebral palsy
- ▶ Autism spectrum disorders
- ▶ Intellectual disabilities
- ▶ Neurodevelopmental disorders
- ▶ Hearing impairments

## **Rehabilitative Treatments for Adults**

- ▶ Hereditary and degenerative diseases of the central nervous system
- ▶ Other central and peripheral nervous system disorders
- ▶ Circulatory and cerebrovascular diseases
- ▶ Musculoskeletal system diseases
- ▶ Post-traumatic and post-surgical musculoskeletal diseases

## **Direct Patient Interventions**

- ▶ Specialist medical consultations, assessment, and observation by rehabilitation professionals
- ▶ Speech therapy rehabilitation
- ▶ Cognitive-neuropsychological rehabilitation
- ▶ Neuromotor rehabilitation
- ▶ Psychomotor rehabilitation
- ▶ Psychological therapy
- ▶ Educational interventions

## **Indirect Interventions**

- ▶ A multidisciplinary team collaborates to set and re-view intervention goals within each Individual Rehabilitation Project (IRP)
- ▶ Counselling, parent training, parent coaching, classroom observation, and mediation as support activities for primary and secondary caregivers
- ▶ Participation in GLO (Operational Working Group) as provided by Law 104/1992

The **Alteya Rehabilitation Centre** is authorised to provide out-patient and home care services under **Regional Determination No. Go3993 dated 9 April, 2024**. Institutional accreditation is pending.

For **information, registration, and appointments**, please contact our secretariat by phone at **340.1821050** or **06.69267625**, or via email at **centroriabilitazione@alteya.it**.



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